

Skate Canada Skills Assessment STAR 2

Date: DD / I	Candidate:					SC #							
Home Club/Sk						Assessor:							
Evaluation Result:		Pass with Honours ☐ Pass			s 🗆	Retry □							
STAR 2 Skills													
Date: DD / I	M	Candidate:				Assessor:							
	MANDATORY	REQUIREM	ENTS -	Must be Ye	es for elem	ent to rece	ive an ov	erall	rating of Silv	er or bett	er.		
Edges (3 of 4): Mee Forward Circle on edge and element				the elemer			element inclu	Exercise/Turn Sequence: Meets definition of exement including the prescribed steps. Stable shout (no fall).					
ELEMENT		CRITER	IA.	BRONZE	RATING SILVER			ALL	COMMENTS				
Backward Edges	Mandatory Requirements: Yes: □ No: □	Accuracy		DRONZE	SILVLIK	GOLD	G [1	во□	BI			
		Carriage/Clarity					S□						
		Edge Quality					В□]					
Forward Circle on Circle (Direction skater's choice)	Mandatory Requirements: Yes: ☐ No: ☐	Accuracy					G□		CW □	or	ccw □]	
		Carriage/Clarity					S□]					
		Edge Quality					В□]					
Backward Three-Turns	Mandatory Requirements: Yes: ☐ No: ☐	Accuracy					G □ S □		RBO □	LBO □	RBI		LBI □
		Carriage/Clarity											
		Edge Quality					В□]					
2-ft to 1-ft Multi Turns	Mandatory Requirements: Yes: □ No: □	Accuracy					G□						
		Carriage/Clarity					S□						
		Edge Quality					В□]					
Forward Outside Turn Sequence	Mandatory Requirements: Yes: ☐ No: ☐	Accuracy					G□]					
		Carriage/Clarity					S□						
		Edge Quality					В□						
2 re-skates permitted (must be different elements)													
Result: Pass with Honours (4 of 5 elements Gold) Pass (4 of 5 elements Silver or better) Retry						Overall sment		<u>Bronze</u>	Silve	<u>er</u>	<u>G</u>	old	

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Standards of Assessment

Standards						
CRITERIA	BRONZE (below standard)	SILVER (standard)	GOLD (above standard)			
Accuracy Correct skating technique, symmetry and shape of edges.		 Edge comprehension developing. Thrust technique may not be properly executed. May include: Limited knee bend, one push stronger than other, some toe-pushing. 75% of the push generated from the side of the blade. 				
Carriage/Clarity Carriage and clarity of movement.		Skater may demonstrate weak core and unstable posture with inconsistent or weak balance. • Stable 75% or more of the time. Body line is reasonable.				
Edge Quality Balance, control and edge depth.		 Weak edges and/or wobbles may be present. 50% of the entry or exit edge demonstrated correctly. Reasonable edge quality for 50% or more of exercise. Reasonable balance, control, agility, form. 				

Additional Comments:							

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